



RESOURCE GUIDE of SUPPORTS and SERVICES

Revised March 2024

This Resource guide is a compilation of the known available sources at the time of publication by the Integrated Primary Prevention Workforce (IPPW). It does not promote or endorse any specific services or providers. This is intended to be a living document. If there are any new resources to be added, please share with the IPPW team. The IPPW team can be reached at 907-377-2354 or by stopping by our offices in Amber Hall. Currently reception is in room #236.

Version 4: Volume 1
Date: March 2024

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FREQUENTLY REQUESTED NUMBERS

Alaska State Troopers	907-451-5100
Fairbanks Police	907-450-6500
Fairbanks School District	907-452-2000
Life Alaska Donor Services	800-719-LIFE (5433)
Military OneSource	800-342-9647
www.militaryonesource.mil	
North Pole Police	907-488-6902
Alaska State Medical Examiner's Office	907-334-2200
Victims of Violent Crimes	800-764-3040
Cleaning Services and home support services:	
Worry Free Alaska	907-479-HOME



COMMUNITY RESOURCES

CLOTHING ASSISTANCE

Goldstream Sports: Gathers and distributes used shoes and boots to children in need as a collaboration with Alaska Kicks For Kids and The Basics.

Phone: 907- 455-6520

Location: 711 Sheep Creek Road, Fairbanks

Website: www.goldstreamsports.com

Love, INC (In the Name of Christ): Network of local, Christian churches committed to helping people in need. ***Coordinates a winter clothing drive among churches.*** Operates numerous programs including a Telephone Clearinghouse that connects people in need with community and church resources that can address many different needs, Transportation Program, Budget Counseling Program, Furniture Garage, Personal Needs Closet, and Firewood Project.

Phone: 907- 452-3876

Location: 818 26th Ave, Fairbanks

Website: www.loveincfairbanks.org

North Pole Worship Center: Maintains a closet of children's winter clothing for distribution to those in need anywhere in the community.

Phone: 907- 488-9084

Location: 3340 Badger Road, Suite 280, North Pole

Website: www.northpoleworshipcenter.com

Salvation Army: provides comprehensive emergency services for people in need. Services include food boxes, clothing and household goods, utility assistance, literacy services, disaster relief and casework services.

Phone: 907-452-5005 or 907-452-3103

Location: 117 First Street, Fairbanks

Website: <https://westernusa.salvationarmy.org>

FUNERAL HOMES

Fairbanks Funeral Home & Crematory 907-488-4446

Chapel of Chimes, Legacy Funeral Homes 907-456-5566

Blanchard Family Funeral Home 907-482-3232

North Pole Chapel– The Chimes 907-488-5525

GRIEF SUPPORT

American Foundation for Suicide Prevention: Online resource and survivor outreach.

www.afsp.org

Arctic Resource Center for Suicide Prevention

Phone: 907-987-6829

Compassionate Friends: For parents experiencing the loss of a child.

National Office: 877-969-0010

www.compassionatefriends.org

Grief Counselor Sally Fenno

Phone: 907-378-0573

Fairbanks Community Mental Health

Phone: 907-371-1300

FMH Hospice Services: Grief and survivor after suicide support group

Phone: 907-458-3090

EMERGENCY NUMBERS

COUNSELING CENTERS

Hope Counseling Center	907-451-8208
Fairbanks Counseling and Adoption	907-563-7014
	907-465-3458
Fairbanks Community Mental Health Services	907-371-1300
Turning Point Counseling	907-374-7776

CRISIS LINES

Alaska Careline Phone: 988 or 877-266-HELP
Arctic Resource Center for Suicide Prevention (ARCSP)
Phone: 907-987-6829

Careline Alaska: Crisis intervention hotline and to activate the
volunteer Postvention Crisis Response Team
Phone: 877-266-4357
Text “4help” to 839863

National Text Line Text HOME to 741741

988 Lifeline Chat and Text

Red Cross Hero Care Network
Phone: 1-877-272-7337
Online at: redcross.org/HeroCareNetwork.
Download FREE App at redcross.org/apps
Or text: “GETHEROCARE” to 90999

Tanana Chiefs Conference Behavioral Health
Phone: 907-459-3800 (option 2 for after-hours)
In Alaska: 800-478-6822

UAF Crisis Line Phone: 907-474-7043

Veteran’s Crisis Line/Military Crisis Line (CONUS)
Available to Service members, veterans and their families
Call: 988 and press 1
Visit: <https://www.veteranscrisisline.net/>
Chat: Send a text message to 838255

COUNSELING & BEHAVIORAL HEALTH SERVICES

Alaska Psychiatric Institute: Provides emergency and court-ordered inpatient **psychiatric** services in a safe environment using culturally-sensitive, effective, person-centered treatment followed by a referral to an appropriate level of care and support for recovery from mental illness.

Phone: 907-269-7100

Location: 3700 Piper Street, Anchorage

Alaska VA Healthcare System

Phone: 907-257-4700

Location: 1201 N. Muldoon Road, Anchorage

Fairbanks VA Community Based Outpatient Clinic

Phone: 907-361-6370

Location: Bldg. 4076, Neeley Road, Room 1J-101, Fort Wainwright

Chris Kyle Patriots Hospital: Provides psychiatric treatment for first responders, military service members, veterans and their families 24 hours a day, 7 days a week.

Phone: 907-258-7575

Location: 1650 S. Bragaw St, Anchorage

Fairbanks Behavioral Health Crisis Supports:

Someone to talk to...

Connect with trained crisis call taker 24/7

Dial 988

Call 1-877-266-4357

Text “4help” to 839863

Someone to respond...

Dial 911 and request the Mobile Crisis Team

Response from a mental health clinician and peer support specialist 24/7

Next-day appointment connection at Alaska Behavioral Health

A place to go...

Refine Stabilization & Detox Center

24/7 walk-in access at 215 Cushman St., 907-328-1566

True North Recovery

Crisis appointments and walk-in hours

907-313-1333

Alaska Behavioral Health

Crisis appointments and walk-in hours

907-371-1300

www.fairbanksalaska.us/crisis

Family Centered Services of Alaska: Provides treatment and support to children and families so that they may have the opportunity to live happy and meaningful lives. Programs include: Clinical Services, Youth Education Support Services, Alternatives to Out-of-State Placement, Summer Skills Development, REACH Respite Homes, Therapeutic Foster Care, Residential Treatment for ages 12-18, and Adolescent Co-Occurring Treatment.

Phone: 907-474-0890

Location: 1825 Marika Road, Fairbanks

Website: www.familycenteredservices.com

Fairbanks Native Association: Community Services Provides human and social services while recognizing human dignity in a culturally relevant, sensitive, and empathic manner through coordinated programs.

Phone: 907-452-1648

Location: 319 First Ave, Fairbanks

Website: www.fairbanksnative.org

Programs offered:

Weekly food boxes

Financial services for vulnerable adults

Referrals for clothing/household items

Outreach/advocacy activities

Adult protective services

Fort Wainwright Family Child Care: *Serves ALL branches of the military.* To provide a “home away from home” family childcare in a certified provider’s home that must meet safety, fire and health standards. Serving children 4 weeks - 12 years of age of military, DOD civilian sponsors or government contractors -

Phone: 907-353-7595

Eielson Youth Center: *Serves ALL branches of the military.* Offers activities and events for children in a fun, safe environment. Programs are designed to enrich the lives of youth in the community. Serving children with base access and are 9 -18 years’ old.

Phone: 907-377-3194

Eielson School Age Program: *Serves ALL branches of the military.* Offering before and after school care and full-time care during the summer and winter breaks. Serving military connected children 5 – 12 years’ old.

Phone: 907-377-5437

Eielson Family Child Care: *Serves ALL branches of the military.* Child and Youth Registration and Referral Monitor in-home child care services by licensed providers on Eielson AFB Serving military-connected children ages 6 weeks – 12 years’ old

Phone: 907-377-3635

Soldier and Family Assistance Center: *Serves ALL branches of the military.* Assist Warriors in Transition (WTs) and their family members navigate Army programs by providing accurate information and coordinating referrals to the right people at the right agencies in order to help make the system work for them.

Phone: 907-353-7322

Guardian Angel Program (GAP) - During times of tragedy and immense economic/emotional trauma, ASYMCA offers housing, transportation, and food help through GAP. At utmost discretion, GAP is administered by the executive director to ensure participants in the program stay confidential. *[Located on Fort Wainwright Army Post]*

Fort Wainwright Youth Center: *Serves ALL branches of the military.* Offering both structure and pure recreation in the pursuit of personal physical fitness, team sports, life skills, leisure time, technology and the arts. Serving school aged children 6th – 12th grades of military, DOD civilian sponsors or government contractors.

Phone: 907-361-5437

Fort Wainwright Child Development Center 1 and 2 (CDC): *Serves children of military, DOD civilian sponsors or government contractors.* Offers fully accredited programs through the National Association for the Education of Young Children. CDC 1 offers a larger variety of these programs and childcare services to children aged six and older. CDC 2 offers childcare services to children aged six and under.

Phone: CDC 1: 907-361-4190; or CDC 2: 907-361-9056

Bassett—Child and Family Behavioral Services: *Serves spouses and children of active duty and retired service members.* Offers individual, family, marriage and group therapy counseling services.

Phone: 907-361-6059

Fort Wainwright School Age Center: *Serves ALL branches of the military.* Provides before and after school care with age-appropriate, child-centered activities: arts and crafts, games, technology, performing arts, science and a homework assistance program. Serving children Kindergarten – 6th grade, of military, DOD civilian sponsors or government contractors

Phone: 907-361-7394

[Fairbanks Native Association Cont.]

Elder Services

Transportation, home visiting, information and referrals for frail or elderly clients.

Onsite nutritious hot meals five days a week.

Elder Abuse awareness and Prevention services.

Support Services

Weekly food box distribution.

Advocacy Support.

Assistance with applications for housing, energy assistance, employment, other welfare programs.

Grandparents Raising Grandchildren.

Funeral and Burial Assistance

Hopeful Connections Cancer Support Group: A program that supports cancer survivors, their friends and family when dealing with cancer. Hopeful Connections members share their story

FNA provides many different programs serving Alaska Native youth and adults. ***Many of their programs are open to anyone in the community while some programs limit eligibility to Alaska Natives.***

Phone: 907- 452-1648

Location: Administrative Offices - 605 Hughes Ave

Website: www.fairbanksnative.org

Graf Rheeneerhaanjii [The Healing Place]: Provides residential treatment for substance abusing youth ages 12-18. Services include counseling, education, healthy living skills, and cultural and spiritual identity.

Phone: 907-455-4725

Location: 2550 Lawlor Road, Fairbanks

[Fairbanks Native Association Cont.]

Fairbanks Alcohol Safety Action Program: FASAP provides assessment and referral services for court cases involving alcohol. Juvenile cases such as minor consuming, minor in possession and minor operating are also included. Persons who are convicted of DUI and other alcohol related offenses are screened and then referred to State approved agencies that provide alcohol/drug education and/or treatment.

Phone: 907-452-6144

Location: 3100 S. Cushman St, Fairbanks

Website: www.fairbanksnative.org/fasap.html

Women and Children's Center for Inner Healing: Provides residential treatment for substance abusing women and their children who are under the age of 12. Services include counseling, education, parenting, healthy family skills, and cultural and spiritual identity.

Phone: 907-451-8164

Location: 1027 Evergreen Street, Fairbanks

Location: 615 Bidwell Avenue, Suite 103. Fairbanks

Youth and Young Adult Services: Provides services to youth and young adults ages 10 to 25 with all the supports necessary to achieve overall health and wellbeing as they transition to adulthood.

Phone: 907-452-6260

Location: 615 Bidwell Avenue, Suite 103. Fairbanks

Fairbanks Psychiatric and Neurology Clinic: Specialize in the practice of psychiatry and neurology for all ages

Phone: 907-452-1739

Location: 1919 Lathrop St, Ste #220 Fairbanks, AK

Website: <https://www.brainclinic.com>

Armed Services YMCA (ASYMCA)

Serves ALL branches of the military. ASYMCA provides for military families through a plethora of programs. For additional information about each program, or a location/contact phone number, call the information line above and ask about a program. Their child and student-friendly programs include:

Phone: 907-552-9622

Website: <https://www.asymca.org/alaska-home>

Operation Kid Comfort - Upon request, Operation Kid Comfort will provide a quilt for kids aged six and under, or a pillow for kids aged seven and older. These quilts and pillows are handcrafted by volunteers and can have pictures of family, pets, etc. (at request) to help comfort children.

Food Pantry - Located on both Eielson and Ft. Wainwright, military family members can come and get emergency food and supplies when needed, no questions asked. Whether payments are delayed, issued incorrectly, or not being received, military families can go to the food pantry and receive emergency food and supplies. Located at the gym on Eielson.

Children's Waiting Room - Child care for medical appointments. Enables junior enlisted members and their families to make health and wellness a priority. Provides child care services at or near the installation clinic, enabling parents to keep scheduled appointments without the stress of finding child care outside the hospital.

Thrift Store - Located in Ft. Wainwright, the ASYMCA thrift store offers great deals on clothing and other used household items. Special deals are available to DoD ID cardholders, and free military wear is available to active duty and currently serving military.

Airport Courtesy Lounge - Located at the Fairbanks Intl. Airport, this lounge is open to all military members looking for a safe and comfortable place to stay while waiting for flights. Snacks and drinks are available.

Operation Ride Home: Holiday Travel Assistance for Military Families. ASYMCA partners with Jack Daniel's Operation Ride Home to help junior enlisted (E-1 to E-5) military families travel home for the holidays. Subsidizes tickets up to \$500 or provides prepaid gift cards for vehicle travel.

MILITARY FAMILY ASSISTANCE

Military Student Support at Fairbanks North Star Borough School District

The Fairbanks North Star Borough School District is a military-friendly school district and we want to help make your transition as smooth as possible.

Phone: 907-452-2000 x11340

Location: Room 220 at 520 5th Avenue Fairbanks

Website: www.k12northstar.org/military

American Red Cross

Serves ALL branches of the military. Provides emergency communication service, financial assistance, information and referral service and deployment services

Phone: 907-456-5937

Website: <http://www.redcross.org/about-us/our-work/military-families>

Alaska National Guard Child & Youth Program

Serves ALL branches of the military. Helps youth cope with stress and look for ways to grow during the deployment cycle: provide accurate and useful information to the youth of the AK National Guard and other service branches. AKNG Family Program provides overall support, deployment cycle training, information and referral, all facets of needs, etc. for any branch of service.

Phone: 907-428-6670

Website: www.jointservicesupport.org

Fairbanks Youth Advocates (Clearwater Counseling):

Offers counseling services to youth (as well as adults) for relationship/marriage, trauma, anger management, depression, and anxiety issues. It's run by appointment from Mon-Thurs, 10am-6pm and Friday, 8am-12pm.

Phone: 907- 457-6002

Location: 122 10th Avenue, Fairbanks

Website: www.clearwatercounselingak.org

Individual Practices and Counseling*: Provided below is a list of youth-friendly, local behavioral health practices that offer a wide range of counseling services. For additional information on each, call the number or visit the website associated with each person:

Dr. Hayley Allison, PsyD	907-455-4567
Kjersti Bowen, LCSW	844-387-4316
Sally Caldwell	907-452-1739
Jennifer Danhauser, LPC	907-978-4978
www.counselingandtherapyservices.com	
Dr. John Deruyter, PsyD:	907-451-8208
L. Hay ,MSW, LCSW	907-331-6775
Jennifer Hood, LPC, LLC	907-750-8831
Dr. Mike Hopper, PhD:	907-455-4725
George Kirchner, LPC-S	907-331-6749
Randy Lewis, LCSW	907-891-8218
Lawrence Moen	907-318-8720
Tima Priess, LMFT:	907-452-8438
Laura Volmert, LPC	907-799-6054
Cathy Weeg, LPC:	907-590-8384
Dr. David Webster, PhD:	907-474-5214
Nancy Winford, LPC	907-347-7481

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Other Mental Health and Psychiatry Providers: These providers offer a wide range of counseling services. For additional information on each, please call the number associated with each entity.

North Pole

Safe Haven Counseling, LLC	907-490-7233
Foundations LLC	907-488-8848

Fairbanks

A Day at a Time Therapy Services, LLC	907-318-5686
Counseling and Therapy Services	907-590-8384
Clearwater Counseling	907-457-6002
Stone Soup Group (Sees Ages 2+)	907-455-7801
Fairbanks Biofeedback & Counseling	907-452-4405
Hope Counseling & Consults	907-451-8208
Siena Counseling, LLC (Adults Only)	907-251-7664
Wendell Street Psychiatric, LLC	907-455-4135

Psychiatry

Counseling and Therapy Services	907-712-7667
Psychiatric Nurse Practitioners	
Awaken Joy	907-328-0820
Nurse Diverse System, Inc	907-374-0852
Orion Behavioral Health	907-696-7466

Steven A. Cohen Military Family Clinic at Alaska Behavioral Health: provides confidential, high-quality behavioral healthcare services and local resource connection to post-9/11 veterans (including National Guard and Reserves), their families, active duty services members and the families of active duty service members, which includes spouse or partner, children, parents, siblings, caregivers, and others.

Phone: 907-762-8668

Location: 926 Aspen Street, Fairbanks

Email: AnchorageCVN@akbh.org

Website: alaskabehavioralhealth.org



JOINT MILITARY RESOURCES

TRANSPORTATION

Soldiers Against Drug Driving (SADD): A key BOSS program at Fort Wainwright, SADD is a volunteer-driven designated driver and call-in program to aid in preventing Soldiers from driving while under the influence. NO-COST SERVICE. Services are available 11 p.m. to 4 a.m. Friday, Saturday, Training Holidays and Federal Holidays.

Phone: 907-353-4145

Auto Skills Center: Has all the tools and space with 10 bays, including 8 that are complete with lifts for those who want make their own repairs. ASE Certified Mechanics on duty to assist with vehicle diagnosis and repair.

Automotive Skills Center
Winterization Services
Tow Services
Mandatory Safety Orientation
Women's Clinic
Car Wash

Location: Bldg 3730 Oak Ave, Fort Wainwright

Phone: 907-353-7436

Tow Service available 24 hours: 907-590-1716

Continuing Hope Counseling, LLC: Helping people and healing families. Services Provided: individual, couples, and families across the lifespan to promote mental health and well-being and to improve the overall quality of life. Specialties include helping people with mood difficulties including depression and anxiety as well as post-trauma recovery, addictions, relationship and parenting problems, self-esteem difficulties, and more. Ability to offer comprehensive services including psychological testing and assessment as well as counseling with a variety of treatment modalities.

Phone: 907-451-8208

Location: 534 10th Ave, Fairbanks

Website: continuinghope.org

Fairbanks Therapy Associates

LEAP Program: LEAP is a counseling service geared towards at-home domestic violence cases. They offer counseling to adult men and women who are either being domestically abused or are the abusers. They also offer counseling services to children who are victim to domestic abuse.

Therapy: Specialties include trauma, ADHD, anxiety, family difficulties, behavioral issues, grief, depression, and relationship concerns.

Phone: 907-452-2473

Location: 600 University Ave., Fairbanks

Email: LEAP@LEAPFbks.com

Website: ftaleapfbks.com

Stevie's Place (RCPC): Stevie's Place is a conglomerate of the Resource Center for Parents and Children (RCPC) and provides counseling, medical, and legal assistance for children who are, or have been, sexually abused.

Phone: 907- 374-2850

Location: 726 26th Ave, Ste 2 Fairbanks, AK

Website: <http://www.rcpcfairbanks.org/stevies-place/>

North Star Center: Services Provided: Substance Abuse Counseling; Life Skills (including Anger/Stress Management; Budgeting, Banking, Personal Hygiene, Securing Housing, Victim Awareness, Employment Assistance (including Resume Writing, Job Search Strategies, Job Application Assistance, and Interview Techniques), Community Service.

Phone: 907-474-4955

Location: Mile 3022 Parks Highway, Fairbanks

Website: <http://www.geogroup.com/maps/locationdetails/100>

Northwind Behavioral Health: Northwind Behavioral Health LLC is a private practice organization offering outpatient treatment for anxiety, depression, PTSD, seasonal affective disorder, ADHD and other behavioral health challenges. Services include: medication management for adults/seniors, individual counseling for adults/teens, couples counseling, and family counseling.

Phone: 907-456-1434

Location: 1867 Airport Way, Suite 215 Fairbanks

Website: <http://www.northwindbehavioral.com/>

Turning Point Counseling Services: Turning Point Counseling is a Fairbanks practice center that offers treatment for those suffering from mental illness and/or addiction. Commonly worked with mental health issues include: addiction, alcoholism, depression, bipolar disorder, anxiety disorder, personality disorder, family dynamics, couples/family counseling, PTSD, and psychotic disorders. Call the number above to make an appointment.

Phone: 907-374-7776

Location: 315 5th Avenue, Fairbanks, AK

Website: www.turningpointcounselingservices.com

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HEALTHCARE/MEDICAL ASSISTANCE

Bassett Army Community Hospital (BACH)

Phone: 907-361-6059

Medical Clinic- Kamish: provides primary care services using the Soldier Centered Medical Home model for the active duty soldiers assigned to Aviation Battalions and the 1/11 Airborne Division.

Phone: 907-353-1433

Location: 3406 Alder Ave

TRICARE Nurse Advice Line (NAL)

800-874-2273

Fairbanks VA Community Based Outpatient Clinic

(CBOC): Located in the Fairbanks Community for ease of access. The CBOC offers a health care program to veterans which includes health promotion, primary care, mental health care, women's health care, orthopedics, audiology, chiropractic care, acupuncture, mental health group, a dedicated physical therapy room, and case management.

Phone: 907-257-5463

Location: 2555 Phillips Field Road, Fairbanks

HOUSING ASSISTANCE

Housing Office:

North Haven Communities: Fort Wainwright housing is owned and managed by North Haven Communities. Housing is available to active duty military families, military retirees, and DoD civilians assigned to the Army post and even nearby Eielson AFB.

Phone: 888-216-1704

Location: 3401 Santiago Ave

Military Spouse Employment Partnership Program (MSEP):

A self-sustaining and expanding partnership between the U.S. Army and corporate America. The partnership provides Army spouses the opportunity to attain financial security and achieve employment and career goals through mobility and enhanced employment options. MSEP is a core component of the Employment Readiness Program to enhance and develop employment opportunities for spouses.

Phone: 800-342-9647

Soldier for Life Transition Assistance Program (TAP)

907-353-2113

Human Resources Office

907-353-6356

FINANCIAL ASSISTANCE

Financial Readiness: Provides comprehensive educational and counseling programs in personal financial readiness. The program covers indebtedness, consumer advocacy and protection, money management, credit, financial planning, insurance and consumer issues.

Phone: 907-353-7438/7453/4326/4459

Army Emergency Relief (AER): Provides grants, interest-free loans and scholarships to promote readiness and help relieve financial distress of Soldiers and their Families. Provides assistance for unexpected and financial stress to include: emergency travel, housing, car repair, utilities, medical and dental expenses, winterization, PCS-related expenses, funeral costs and disaster relief.

Phone: 907-353-3459/7453/4237

After Hours call AER HDQTRS 866-878-6378

Additional Resources:

Financial Planning 907-353-4459

Defense Finance and Accounting Service 888-332-7411

Providence Alaska Medical Center: Alaska's largest hospital providing a variety of services to meet the healthcare needs of the community. Services include: Adolescent Residential Treatment Program, Adult Critical Care, Adult Inpatient Mental Health Unit, Breakthrough Substance Use Treatment Program, Crisis Recovery Center, Discovery Unit–Adolescent Inpatient Mental Health, Psychiatric Emergency Department, and, of course, Medical Services.

Phone: 907-562-2211

Location: 3200 Providence Drive, Anchorage

Website: Providence.org

Volunteers of America Alaska (VOA Alaska): Volunteers of America is a nonprofit human service organization dedicated to the relief of human suffering and the advancement of social justice. Today Volunteers of America is active in more than 220 communities throughout the United States, helping over one million people every year. VOA Alaska offers a range of services in person, in schools, in the community, and via telehealth to support a full continuum of care for Alaska's youth, young adults, and families.

Community Coalition: advocating for policy changes alongside community partners and leaders to address youth substance use in our community with the VOA-led Anchorage Adolescent Substance Misuse Prevention Coalition

Prevention Education: Engaging youth in self-evaluation and equipping them with the tools they need to make healthier choices about drugs and alcohol with PRIME for LIFE classes.

Peer Support: Providing immediate connection to youth and families in need, creating engaging pathways to care and guiding youth in their journey through mentorship from those with lived experience.

[VOA Alaska Cont.]

Family Services: Supporting all families with youth enrolled in VOA Alaska's care through education, intervention, home-based services, and family therapy; with additional supports for Alaskans raising relative children.

Mental Health Counseling: Supporting youth and young adults in learning coping skills, building resiliency, and improving their mental-health and well-being.

Substance Use Counseling: Creating a safe space for youth and young adults struggling with drugs or alcohol to take charge of their recovery and maintain sobriety.

Day Treatment: Helping youth overcome barriers in their continued recovery by combining academic and therapeutic services in which youth engage at least 20 hours per week.

Supportive Housing: Ending the experience of homelessness for young adults through affordable housing, mental health and wellness services, and life-skills development.

Residential Treatment: Empowering youth to address their substance use and co-occurring mental health challenges in a structured, therapeutic environment at the Adolescent Residential Center for Help (ARCH)

Phone: 907-279-9640

EMERGENCY ASSISTANCE

Security Branch/Police 907-353-7535

Fire/Medical 907-353-9170

Off Post 911

Victim Advocacy: Provides 24/7 services for victims of domestic violence. Victims have access to emergency assistance, information, referrals and ongoing support in accessing medical, behavioral health, legal and law enforcement services on and off garrisons.

Phone: 353-4202

24/7 Crisis Line: 907-799-9770

Emergency Food Program: Emergency food assistance support is available to aid in the prevention of privation on a short-term basis. Assistance is provided in coordination with the personal financial counselor and Army Emergency Relief officer.

Phone: 907-353-7453 and 907-353-3459

Family Subsistence Supplemental Allowance (FSSA): FSSA provides an allowance to Soldiers to help them fund their family's food costs. Use DD Form 2857

Phone: 907-353-7438

Lending Closet Phone: 907-353-7908

Survivor Outreach Services Phone: 907-353-4004

EMPLOYMENT ASSISTANCE

Employment Readiness: Provides employment assistance to active duty, reserve component, transitioning, and retired Soldiers, Family Members, and DOD Civilian employees in acquiring new skills, networks, and resources that will allow them to participate in the work force and develop career/work plan.

Phone: 907-353-4243

CHILD CARE & EDUCATION

Child Development Center	907-361-4190/9056
Parent Central Services CYSS	907-353-7713
School Age Services	907-361-7394
School Liaison	907-361-9897
Youth Center	907-361-5437

Exceptional Family Member Program (EFMP): A mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical, personnel and respite care services to families with special needs.

Phone: 907-353-4335

New Parent Support Program (NPSP): Provides professional social workers and nurses who offer supportive and caring services to military families with children from birth to 3 years old.

Phone: 907-353-4185 or 907-353-2101

Army Education Center: Continuing education services. Education counseling can help focus goals into plans, identify career interests and point out academic weaknesses. Counselors can provide information on VA education benefits and other financial aid and scholarship programs, how colleges work, how to earn a degree and other general education advice. They can also explain how to apply for college credit for experiential learning from military training.

Phone: 907-361-7486

Relocation Readiness Program: comprehensive support system for soldiers and their families. Available whether it is the first move or the last of many. Provides information and resources to help navigate the next military move.

Phone: 907-353-7908

Military Police (24 hrs): Fort Wainwright Police Department.

Phone: 907-353-7526

EDUCATION

Alaska Child Care Program Office: Offers a comprehensive list of child care providers in Alaska which are monitored, regulated, and licensed.

Phone: 907-451-2850

Website: www.dhss.alaska.gov/dpa/Pages/ccare/default.aspx

Alaska Department of Education and Early Development:

Mission: An excellent education for every student every day.

Phone: 907-465-2831

Website: <http://education.alaska.gov/tls/EarlyLearning/>

Best Beginnings: Mobilizes people and resources to ensure all Alaska children begin school ready to succeed.

Phone: 907-297-3300

Website: www.bestbeginningsalaska.org

Fairbanks Families: A local partnership network to help children birth to age 5 to arrive ready at school to succeed.

Phone: 907-459-1287

Website: www.fairbanksfamilies.com

Fairbanks North Star Borough School District

Location: 520 Fifth Avenue, Fairbanks

Phone: 907-452-2000

Website: K12northstar.org

Charter Schools:

Boreal Sun Charter School	907-452-5444
Star of the North Secondary School	907-490-9025
Watershed Charter School	907-374-9350
Effie Kokrine Charter School	907-474-0958
Chinook Montessori Charter	907-452-5020
Fairbanks Best Homeschool	907-452-2000

Fairbanks Native Association

Head Start: NA Head Start 0-5 accepts applications from all families of the Fairbanks North Star Borough. The children enrolled in FNA Head Start 0-5 are guided in developing social skills, practicing physical fitness and taking part in educational experiences that give them a head start towards school readiness. All children receive appropriate developmental screenings and referrals as needed. The program is inclusive and promotes cultural identity of Alaska Native and American Indian families through onsite activities and field trips to cultural events such as the Festival of Alaska Native Arts.

Full Day Center-Based (Ages 3 - 5 years): Center based services focus on health, nutrition, education, and cultural activities. Open August-May, 6 hours a day Monday-Thursday. Free

Extended Center Based (Ages 3 - 5 years): Ideal for parents/guardians who are in training/school, searching for work, or currently employed. Open year-round, 9.25 hours a day, Monday-Thursday. Tuition

Home Based (Ages prenatal - 5 years): Offers weekly educational home visits and twice monthly socializations. Open year-round. Free

Apply Online: childplus.net

Jason O'Malley Program: Helps students in Fairbanks North Star Borough School District, to foster pride in cultural heritage and developing social independence, personal responsibilities, and leadership skills.

Tribal Home Visiting: Comprehensive early childhood education and family support, honoring traditional values while empowering parents to nurture healthy, happy children through personalized guidance and resources.

Phone: 907-452-1648

Location: 3830 Cushman Street, Suite 100, Fairbanks

Spiritual Assistance Chaplain: responsible for tending to the spiritual and moral well-being of service members and their families.

Phone: 907-353-1899

Survivor Outreach Services (SOS): A multiagency approach which embraces and reassures survivors that they are continually linked to the Army family for as long as they desire. SOS fosters resiliency and ensures access to all entitled benefits, financial counseling and planning, and long-term support.

Phone: 907-353-4004

Transitional Compensation (TC) Program for Abused Dependents: A congressionally mandated program for abused dependents of military personnel. Legislation authorizes temporary payments for families in which the active-duty Soldier has been separated administratively or by court-martial for a dependent-abuse offense. Call the Domestic Abuse Victim Advocate.

Phone: 907-353-7317 (FAP office)

907-799-9770 (FAP DAVA Hotline)

Vet Center: Readjustment counseling - a wide range of psycho social services for eligible Veterans, Service members, and their families in an effort to make a successful transition from military to civilian life. Counseling services include:

- Individual and group counseling for Veterans
- Service members, and their families
- Family counseling for military related issues
- Bereavement counseling for families who experience an active duty death
- Military sexual trauma counseling and referral
- Outreach and education including PDHRA, community events, etc.
- Substance abuse assessment and referral
- Employment assessment & referral
- VBA benefits explanation and referral
- Screening & referral for medical issues including TBI, depression, etc.

Phone: 907-456-4238

Master Resiliency Training (MRT): This training replaces Battlemind Training. It offers strength-based, positive psychology tools to aid Soldiers, leaders and families in their ability to grow and thrive in the face of challenges and bounce back from adversity.

Phone: 907-353-4227

Military Family Life Consultants (MFLC): A key outreach service to Soldiers and families. Enhanced community family support services offering licensed clinical social workers and psychologists to address various issues that Soldiers and families face before and after deployment. Completely confidential with the exception of reporting harm to self or others. No records are maintained or reported to the chain of command.

Adult and Couple: 907-308-9413 or 907-753-6742

Child & Youth: 907-482-0835

Mobilization and Deployment Readiness Program

(MOBDEP): Includes program and support activities designed to assist leaders at all levels and Soldiers and their families to successfully manage the challenges of mobilization and deployments before, during and after they occur.

Phone: 907-353-4332

Substance Use Disorder Clinical Care (SUDSS): SUDCC provides substance use disorder clinical care, including assessment, treatment, rehabilitation, aftercare, for Service Members within an integrated medical and behavioral health model to enhance health and readiness.

Phone: 907-361-6059

Sexual Harassment/Assault Response and Prevention

(SHARP) Program: The Army's SHARP program exists to prevent sexual harassment and sexual assaults before they occur. Centers on awareness and prevention, training and education, victim advocacy, response, reporting and accountability.

Phone: 24/7 Hotline 907-353-7272

Department of Defense SHARP Hotline

DOD Safe Helpline 877-995-5247

EMERGENCY ASSISTANCE

Fairbanks Careline: 24-hour crisis intervention and suicide prevention hotline. Provides emotional support for all ages experiencing life problems.

Phone: 877-266-4357 Anytime/Toll Free

Text 4help to 839863

Website: <http://carelinealaska.com/>

Childhelp National Child Abuse Hotline: 24-hour hotline that offers crisis counseling for adult survivors, abused children, parents experiencing stress and several other problems. Information and references.

Phone (Talk or Text): 800-422-4453

Website: childhelphotline.org

National Runaway Safeline: Mission is to keep America's runaway, homeless and at-risk youth safe and off the streets. This national service is provided to all children and parents across the US. Whether a child feels unsafe at home and is wanting to run away, or if a parent believes they have a child who ran away from home and needs help, the National Runaway Safeline is a place to call where professional personnel are on-duty 24/7 to answer questions and phone calls from those in need.

Phone: 1-800-RUNAWAY

Website: 1800runaway.org

Helping Alaska: Faith-based organization working to meet the needs of the community while working alongside other nonprofits and churches by providing a community Helpline, housing assistance, case management, and education.

Phone: 907-452-3876

Location: 609 Third Street, Fairbanks, AK

Website: www.helpingalaska.org

Email: mission@helpingak.org

Violent Crimes Compensation Board: Helping alleviate the financial impacts of crime.

Salvation Army: The Salvation Army provides comprehensive emergency services for people in need. Services include food boxes, clothing and household goods, utility assistance, literacy services, disaster relief and casework services.

Phone: 907-452-3103

Location: 1602 10th Avenue Fairbanks, AK

Website: fairbanks.salvationarmy.org

American Red Cross: Provides disaster relief, military family support, health & safety training, and education, blood drive/donations.

Phone: 907-456-5937

Location: 3501 Lathrop Street, Unit G, Fairbanks

Website: www.redcross.org

Division of Public Assistance: Public assistance promotes self-sufficiency and provides basic living expenses to Alaskans in need. Programs help with: Cash, Food, Health Care, Child Care, Forms and Service Tips

Phone: 800-478-7778

Location: 675 7th Ave, Station E, Fairbanks

Website: health.alaska.gov

Federal Bureau of Investigation (FBI): Investigates Terrorism, Cyber Crime, Organized Crime, Violent Crime, Weapons of Mass Destruction, White Color Crime, Civil Rights, Counter-intelligence, Public Corruption, Human Trafficking, Child Pornography. Provides victim support and advocacy as well as case managers to collaborate with other agencies. Anyone can call the FBI anytime and phone calls are private/not recorded.

Report scams (cyber crimes) to IC3.gov

Website: fbi.gov

Phone: 907-276-4441

Army Substance Abuse Program (ASAP): The Army Substance Abuse Prevention program provides a healthy installation environment, free of substance abuse and substance abuse related problems for Soldiers, Civilians, retirees and their Family Members. Our mission is to identify, treat, and rehabilitate substance abusers at USAG Alaska; to strengthen the overall fitness and effectiveness of the Army's total workforce; and to enhance the combat readiness of its Soldiers.

Location: 4055 Tamarack Rd., Fort Wainwright

Phone: 361-1370

Family Advocacy Program (FAP): The Army FAP is committed to preventing domestic and child abuse and neglect by providing a variety of services to strengthen Army families and enhance resiliency. The FAP includes prevention, identification, reporting, investigation, and treatment in support of Soldiers and families. FAP provides military Families with prevention services and educational programs, including:

Emergency Placement

Respite Care,

Victim Advocacy (24/7 - 907-799-9770)

FAP Education and Prevention, New Parent Support Office, Home Visits and Education, Sexual Assault and Domestic Violence

Support Groups and Enrichment Classes, and Alternative services.

Phone: 907-353-7317 or 907-353-4336

Appointments: 907-361-6299 or 907-361-6285

Ft Wainwright Behavioral Health: Behavioral health issues do not discriminate: they can occur in anyone's life. Whether you are active duty, family member or other beneficiary, behavioral health care at Bassett Army Community Hospital is delivered in a compassionate manner designed to aid in recovery. Individual or group counseling is designed to help patients get through life's behavioral challenges. The Behavioral Health Clinic is staffed by military and civilian providers who provide outpatient assessment, diagnosis and treatment for behavioral health and traumatic brain injury rehabilitation to active duty Soldiers and their Family Members. Soldiers and Family Members may self-refer for evaluation.

Phone: 907-361-6059

COUNSELING & BEHAVIORAL **HEALTH SERVICES**

Army Community Services: An empowered team that provides comprehensive, coordinated, and responsive advocacy and prevention, information and referral, outreach, financial, employment, Soldier and Family readiness, exceptional family member and relocation assistance services that support readiness and well-being of Soldiers and their Families, Civilian Employees, and Retirees. Front desk phone number: 907-353-4227

Army Family Action Plan (AFAP): A grassroots, Army-wide initiative to identify and prioritize issues to enhance standards of living for Soldiers and their families. 907-353-4332

Army Family Team Building (AFTB): A family training and readiness program that provides participants with an understanding of Army culture and the skills and resources they need to become self-reliant, self-sufficient members of the military community. 907-353-4332

Army Volunteer Corps: Unites volunteers and organizations using volunteers while strengthening volunteerism by enhancing the career mobility of volunteers, establishing partnerships and promoting a lifelong commitment to service. 907-353-4337

Employment Readiness Program: Provides employment assistance to active-duty, reserve component, transitioning and retired Soldiers, family members and DOD civilian employees in acquiring skills, networks and resources that will allow them to participate in the workforce and develop a career/work plan. 907-353-4227

Ft Wainwright Spouse Employment: career and employment opportunities for spouses

Military Spouse Education Training and Careers
Phone: 907-353-4227

Fort Wainwright Non-appropriated Funds (NAF) Human Resources.

Phone: 907-353-7203

EMPLOYMENT ASSISTANCE

Alaska Department of Labor: Offers employment training, typing test, resource room for computer availability, workshops for interviewing skills and resume building, vocational counseling, individual employment counseling and access to internet.

Phone: 907-451-5967

Location: 675 7th Avenue, Fairbanks

Job Services: Offers recruitment, selection and referral of workers to job openings. On-the-job training. Youth Corps project and specials programs for groups such as Veterans, handicapped persons, youth, elderly, etc. Also administers the employment insurance program.

Phone: 907-451-2871

Alaska Job Center Network: Provides vocational training and assistance with job applications and interviews for adults and teens. Computers and job information are available in the resource room.

Phone: 907-451-5967

Location: 675 7th Avenue Fairbanks, AK

Website: www.jobs.alaska.gov/offices

Fairbanks Job Center: Provides the opportunity for anyone looking for a career to learn their options and find a path to their goal. They can provide information needed for finding a job.

Phone: 907-451-5967

Location: 675 7th Avenue, Fairbanks

Fairbanks Resource Agency: Professional services, employment agency. Serving Alaskans with disabilities.

Phone: 907-456-8901

Location: 805 Airport Way Suite 1 Fairbanks AK

FINANCIAL ASSISTANCE

Division of Public Assistance/Food Stamps: Services include: cash, food stamps, Medicaid, Denali KidCare, Alaska Temporary Assistance Program (ATAP), health preventative screening services and pregnancy health care to eligible persons. Anyone living outside of Fairbanks area can communicate by mail. Pickup application for energy assistance (fuel and electricity bills) November 1-May 15th.

Phone: 907-451-2850 or 1-800-478-2850

Location: 675 7th Avenue, Station G

Website: www.hss.state.ak.us.dpa

Salvation Army Financial Assistance Programs: Families and individuals who need help can contact the Salvation Army in Alaska. The non-profit offers emergency assistance to individuals and families that are faced with a crisis and who are out of options. Direct financial assistance, referrals, and other support is available in Alaska, with a focus on preventing homelessness. Examples of services offered include.

Free food boxes, groceries, canned goods, and meals which may be served.

Vouchers for clothing, furniture, and household items are offered.

Transportation assistance includes gasoline vouchers and bus passes or tokens.

Financial assistance for medications and utility bills may be offered.

Phone: 907-452-3103

Location: 1602 10th Ave. Fairbanks,

Website: www.needhelppayingbills.com

FORT WAINWRIGHT



HELPING AGENCIES

Frequently Dialed Numbers (continued)

Information Tickets & Travel (ITT)	377-2722
Iceman Lodge	377-1232
Legal Office	377-4114
Library	377-3174
Main Gate Visitor Center	377-3807
Mental Health	377-3071
Military Clothing Sales	372-2150
Military Personnel Section (MPS)	377-2400
Outdoor Recreation Center	669-2537
Pass & Registration	377-3807
Pharmacy	377-1462
Post Office	372-6300
Public Affairs (PA)	377-2116
Safety Office	377-7233
School Age Center	377-5437
School Liaison Specialist Office	377-7490
Security Forces (Law Enforcement)	377-5130
Sexual Assault Prevention & Response (SAPR)	377-7208
SAPR Helpline	377-7272
Thrift Shop	377-5274
TMO- Passenger	377-1771
TMO- Personal Property	377-1772
United Service Organization (USO)-FWW	370-0009
Youth Center	377-3194

Salvation Army Programs Offered:

Family Emergency Service Office will have a formal application process, and applicants will need, among other things, Social Security number and birth date for everyone in the household, proof of income, and photo ID.

Transitional Housing Program [Eagle Crest] Provides short term lodging and housing for dozens of individuals. The housing is safe, substance free, and a nice living environment. While people stay in the housing unit they can attend self-sufficiency and employment services, including job training. This also allows individuals an opportunity to save some money so they can pay the rent and bills on their own in the future.

Disaster Assistance Provided by the Salvation Army in Alaska. Volunteers and rapid response teams are on call in the event of a man-made or natural event. The agency can provide assistance from their programs. Some of the services that are offered include food, shelter, Pastoral Care/Counseling, water, clothing, and more.

Shelter Offered from McKinnell House for homeless two-parent families or single parenting fathers. This is the only program of its kind in Alaska. The Salvation Army Family Emergency Services program also provides for the practical needs of low-income families and individuals. Each adult who needs help will be able to work with a social worker in order to come up with a plan that will help the family successfully move back into permanent, full time and independent housing.

Holiday Assistance Services offered around Thanksgiving and Christmas include Neighborhood GIFT, Thanksgiving dinner and food boxes, Operation Santa Claus, Angel Tree, Adopt a Family and special fundraisers such as the Red Kettle Campaign and Season of Giving Luncheon. Donations are always needed, so contribute or volunteer if you can. The Salvation Army provides extra support to help the low income and children through these seasonal and holiday programs.

HUGSS and Coats for Kids school program. It is offered as a community partnership between the Salvation Army and other non-profits, and it can help prepare Anchorage school children from low-income households for a successful school year. The primary goal is to provide free warm winter coats and basic school supplies to students and children.

Older Alaskans Program Offers food, meals, homemaker services, transportation, housekeeping and more to the elderly and disabled. The United Way of Anchorage and the Department of Health & Human Services- Senior & Disability Services work closely with the Salvation Army on this program.

Meals On Wheels. Helps seniors and the homebound. Volunteers and case managers offer the delivery of hot meals, with perishable items and frozen meals for the weekends and holidays. The program can help seniors keep their independence. While the meals and service are offered by the Salvation Army for free, donations are always appreciated.

Salvation Army Meals Sites. Provide eligible seniors a free hot nutritious lunch and an opportunity for social interaction. The program is only offered for people over 60 years of age. Call the Salvation Army for locations of meal sites.

Transportation Assistance Offered to job interviews and medical appointments. Rides can also be offered to shops and grocery stores. The driver will accompany a client to a medical appointment or to the store, with priority for transportation for a doctor appointment.

Fairbanks Memorial Hospital Financial Assistance Program:

Offers an in-house Financial Assistance Program (FAP) for patients who qualify. Program eligibility is largely based on verified household income and family size. Fairbanks Memorial Hospital fairly and consistently applies its FAP to every eligible patient. To speak with your financial counselor regarding assistance or to make an appointment to talk in person, please call according to your last name.

Phone: A through K: 907-458-5534; L through Z:
907-458-5539 or 907-458-5510 [for more information]
Website: www.foundationhealth.org/fmh/patients_visitors/financial_services

FREQUENTLY DIALED NUMBERS

Air Force Office of Special Investigations (OSI)	377-1852
Military and Family Readiness Center (MFRC)	377-2178
Airmen's Attic	377-4390
Airmen Against Drunk Drivers (AADD)	377-RIDE (1433)
Area Defense Counsel (ADC)	377-2257
Alcohol & Drug Abuse Prevention & Treatment Program (ADAPT)	377-3071
American Red Cross	377-4149
Auto Hobby Shop	377-3190
Base Exchange (BX)	372-1640
Base Operator	377-1110
Bowling Center	377-1129
Career Assistance Advisor	377-7829
Chapel	377-2130
Child Development Center (CDC)	377-3237
Civilian Personnel	377-3933
Clinic (appointment)	377-1847
Command Post	377-1500
Commissary	377-2173
Mayroad Housing	907-302-2170/855-398-6683
Dental Clinic	377-1846
DEERS	377-2400
Diversity, Equity, Inclusion, & Accessibility Program	377-1057
Education Office	377-5106
Eielson Community Center	377-2642
Equal Opportunity (EO)	377-1080
Exceptional Family Member Program (EFMP)	377-6637
Family Advocacy Program (FAP)	377-4041
Family Child Care (FCC)	377-3635
Finance	377-1851
Fitness Center	377-1925
Honor Guard	377-4370

American Red Cross: Provides service men and women with three types of assistance beginning on the first day of enlistment such as Emergency Services, Service to Military Families to Military and Veteran services.

Services Provided:

Emergency Communication/Linking Families

Provides communications with families in the instance of an emergency serious illness or death in a service member's family. In partnership with Aid Society, may provide access to an interest free loan or grant for emergency travel expenses.

Health and Safety Services

Learn adult and pediatric CPR/AED and first aid classes

Lifeguard and water safety

Pet First Aid

Safe and Well Website and Restoring Family Links

Resiliency Training

Volunteer Opportunities & Professional development

Phone: 907-377-7339

Location: 3126 Wabash Ave #203

FOOD ASSISTANCE

Breadline, Inc.: Breadline, Inc. operates the Stone Soup Café; Stone's Throw, Kids Café. And Stope Soup Garden. Stone Soup Cafe provides hot meals to those in need. Five days a week, guests are provided free nutritious breakfast and sack lunches. Monday-Friday. Breakfast 7:30-9:30 AM Lunch provided at exit.

Phone: 907-456-8317

Location: 507 Gaffney Road, Fairbanks

Website: <https://www.breadlineak.org>

Fairbanks Rescue Mission: Dinner served 6:35 to 7pm. Dinner is open to community, not just people staying at the emergency shelter.

Phone: 907-331-6292

Location: 723 27th Ave Fairbanks, AK

Website: <https://www.fairbanksrescuemission.org>

Fairbanks Community Food Bank: The Fairbanks Community Food Bank collects and redistributes donated food through Churches and agencies. You may receive up to 10 emergency boxes each year (January to December) Orders are taken between 10 AM and Noon and are to be picked up the same day at the church or agency from whom you made the request. Each box contains at least 20 pounds of food per person intended to last for at least 3 days. Special requests are not available. We are only able to pack up to 60 orders each day and will stop taking orders when we reach that number. Foodbank is only open Monday thru Friday and is NOT available on weekends. Hot lunch is available on weekends at The Fairbanks Rescue Mission or Immaculate Conception Church.

Foodbank Phone: 907-457-4273

Website: fairbanksfoodbank.org

Temporary Emergency Food Assistance Program (TEFAP) – To be eligible, you must meet USDA guidelines (typically at or below 300% of the current federal poverty guideline). Apply online or at the food bank to receive temporary food assistance. Food items include things like applesauce, dried beans, corn flake cereal, and canned veggies.

[Fairbanks Community Food Bank cont.]

Please call the Church/Agency to Place Your Order Between 10 a.m. and Noon (*unless otherwise noted*)

Monday:

Fairbanks Lutheran- 1012 Cowles 452-3425
Ken Kunkel Center (Goldstream Valley)- 457-4273
Summit Church Alaska- 3340 Badger Rd. 490-6745

Tuesday:

Christ Lutheran Church Farmers Loop at Iniakuk Ave
479-4954
Salvation Army- 1602 10th Ave. 452-5005
Lord of Life Lutheran Church- 1005 St. Nicholas Dr.
488-6720

Wednesday:

First Presbyterian Church- 547 7th Ave. 452-2406
Lord of Life Lutheran Church- 1005 St. Nicholas Dr.

Thursday:

Bible Baptist Church- 32 Adak 452-1407
*Fairbanks Native Association- 319 1st Ave
call in between 8 and 10 a.m. only 452-5225
Summit Church Alaska- 3340 Badger Rd. 490-6745

Friday:

Shannon Park Baptist- 409 Lazelle Rd. 371-3672
Sacred Heart Cathedral- 1300 Peger Rd. 374-0572
Moose Creek Baptist Church- 3518 Hope St. 488-2407
Plack Road Baptist Church- 1997 W Athena Circle
488-6697

For the most current chart:

<https://fairbanksfoodbank.org/wp-content/uploads/2021/05/2021DistributionAgencies-NO-COV-1.pdf>

EMERGENCY ASSISTANCE

Military and Family Readiness Center (M&FRC): M&FRC services are designed to maintain and support mission readiness by assisting individuals and families with adaption to the challenges and demands of expeditionary operations and the military lifestyle

Services offered:

Air Force Aid Society
Casualty & Survivor Benefits
Deployment Support
Employment Assistance
Exceptional Family Member Program
Federal Voting Assistance Program
Information & Referral
Morale, Welfare and Recreation
Personal & Work Life
Personal Finance
Readiness
Relocation Assistance
Transition Assistance
Volunteer Program

Phone: 377-2178

Location: 2631 Wabash Ave

Eielson Education & Training Center: Dedicated to helping our military community and their families achieve their personal and professional development goals. Knowledgeable staff available is able to provide guidance and support whether you need information about colleges and universities, tuition assistance, or military testing services. The Center empowers individuals to pursue career aspirations and personal goals in an environment that fosters lifelong learning and skill-building.

Programs at the Education & Training center include:

- College Classes
- Academic Advising
- Community college of the Air Force (CCAF)
- Academic Counseling
- Air Force Commissioning Advisement
- Career path Decide
- USAF/Military Tuition Assistance Guidance
- Higher Education Transition Assistance Program
- Civilian Training Development
- Formal Training
- Testing: WAPS / CDC / DLPT / DLAB / CLEP / DSST / AFCT / AFOQT / EDPT / OPI

Universities Represented:

- Wayland Baptist University
Phone: 907-377-4398
- University of Alaska Fairbanks (UAF)
Phone: 907-377-1396
- Waldorf University
Phone: 251-206-6100

General Information Contact:

- Phone: 377-5106
- Location: Building 3126, 3rd Floor
2631 Wabash Ave

Fairbanks Fairbanks Native Association: Provides weekly food boxes. There are food Intake Forms for families and one for elders.

- Phone: 907-452-1648 EXT 6015
- Location: 319 First Ave, Fairbanks
- Website: www.fairbanksnative.org/our-services/community-services/

Additional meals for Seniors 60+:

North Star Council on Aging (1424 Moore Street)- Take-out lunch M-F from 11:30 AM-12:30 PM

Immaculate Conception Soup Kitchen: Provides free hot meals and sack lunches. 11 AM to 1 PM: Wednesday-Sunday

- Phone: 907-452-3533
- Location: 115 North Cushman Fairbanks, AK
- Website: www.wecaretoo.com/Organizations/AK/

Tanana Chiefs Conference - WIC: income –based supplemental nutrition program that provides food assistance, nutrition counseling, breastfeeding support, and referrals for women, infants, and children. WIC serves pregnant, postpartum, and breastfeeding women; infants and children up to their fifth birthday. Eligibility based on meeting income guidelines and nutritional need. For Military Families– only BAS and base pay are counted for income in most cases.

- Phone: 907-451-6682, ext 3773
- Location: 1717 West Cowles St., Fairbanks

HEALTHCARE/MEDICAL ASSISTANCE

Denali KidCare: State of Alaska program to provide health insurance coverage for children through age 18 and pregnant mothers who meet income guidelines.

Phone: 1-800-478-7778

Fairbanks District office Location:

675 7th Avenue, Station E

Fairbanks Host Lions Club: Support the Aurora Borealis Eyeglass Recycling & Vision Center and other vision related programs.

Phone: 907-322-2014

Website: <https://e-clubhouse.org/sites/fairbankshost/>

Interior Community Health Center: ICHC provides primary health care consisting of medical, dental, integrated behavioral health, preventative, educational services and accepts Medicaid, Medicare, and Insurance. Discounted services are available for those who are eligible (dependent on household income and size).

Phone: 907-455-4567

Location: 1606 23rd Ave. Fairbanks, AK 99701

Website: <http://interiorhealthalaska.com/>

Interior Women's Health Center: Offers family practice, gynecology, and pregnancy information and appointments. They have a wide variety of services.

Phone: 907-479-7701

Location: 1626 30th Ave Fairbanks, AK

Website: <http://www.interiorwomenshealth.com/services>

EDUCATION

Public School Information: Schools at Eielson are operated and maintained by the Fairbanks North Star Borough School District. They offer a complete program covering kindergarten through 12th grade. All students living on Eielson attend on-base schools. Kindergarten through 6th grade students attend Crawford Elementary School. Junior and senior high students attend Ben Eielson Junior/Senior High School. Approximately 1,015 elementary and 633 secondary students attend these on-base schools. Schools at Eielson, North Pole, Fort Wainwright and Fairbanks are all public schools.

Eielson's Crawford Elementary School

Phone: 907-372-3306

Location: 692 Ravens Way

Eielson's Ben Eielson Junior High and High School

Phone: 907-372-3110

Location: 675 Ravens Way

[Military & Family Life Counselors (MFLC) Cont.]

Counseling available:

Life Skills	Anger Management
Communication	Relationship Issues
Conflict Resolution	Parenting
Decision-making Skills	Military Lifestyle
Deployment Stress	Coping Skills
Homesickness	Relocation Adjustment
Reintegration	Separation
Building Resiliency	Sadness, Grief and Loss

Phone: Adult MFLC: 907-987-4095

Child MFLCs:

Ben Eielson JR/SR High: 372-3110

Crawford Elementary: 372-3306

Child Development Center: 377-3237

School Age Program: 377-5437

Teen Center/Youth Center: 377-3197

HOUSING ASSISTANCE

Fairbanks Family Assisted Housing: Below is a list of apartments/houses in the Fairbanks area that offer rental assistance to low-income families. *Each listed item has its own application and waitlist.* For more information or applications please call the attached phone numbers:

Chenana Apartments

907-479-4690 5190 Amherst Drive, Fairbanks

South Haven Apartments

907-451-7230 1427 Gillam Way, Fairbanks

Executive Estates

907-479-3655 1620 Washington Dr, Fairbanks

River Point Village Apartments

907-374-1642 2595 Chief William Dr, Fairbanks Little

Dipper Apartments

907-452-6092 1910 turner St., Fairbanks

Weeks Field Estates

907-479-2054 1301 Kellum St., Fairbanks

Parkwest Apartments

907-479-4981 2006 Sandvik St., Fairbanks

Tanana Apartments

907- 488-3215 350 Santa Claus Ln., North Pole

Fairbanks Rescue Mission: Offers both a men's and women's center, providing a bed and three meals a day. They also offer counseling, clothing, and long-term recovery programs for men and women. There are no fees for these services.

Phone: 907-452-5343

Location: 723 27th Ave Fairbanks, AK

Website: www.fairbanksrescuemission.org

Alaska Housing Finance Corporation: The Alaska Housing Finance Corporation (AHFC) provides several programs for Alaskans needing financial assistance moving into homes or apartments. Their most notable programs are listed below. However, call the number or visit the location above to apply for any of the programs offered.

Phone: 907-456-3738

Location: 1441 22nd Ave Fairbanks, AK

Website: <https://www.ahfc.us/>

Moving Home Program (MHP) – MHP is a **referral-based** program that offers rental assistance for individuals or families transitioning from homelessness or institutional settings. To make a referral, visit the website or call the number above.

Public Housing Program – Families with an income below 80% of the area's median are eligible to apply for this program. As units become available, families are contacted and scheduled an appointment to go over available places to stay and pricing points.

Private Rental Program – For people renting from a privately owned unit, AHFC will pay for a portion of rent directly to a landlord each month for those at or below 50% of the area's median income.

Fairbanks Neighborhood Housing: Affordable rental housing for low-income families and homebuyer education to prepare you for homeownership

Office location: 1427 Gillam Way

Phone: 907-451-7230

Housing First: Safe housing for the homeless

Location: 1525 S Cushman

Phone: 907-452-8251

Fairbanks Housing and Homeless Coalition:

Location: 800 Cushman St

Phone: 907-456-3738

Health Promotions: provides prevention services to active duty members and dependents wanting to make lifestyle changes.

Services include:

InBody 570 analyzer appointments

Basic nutrition

Plant based nutrition

Gait analysis

Functional movement screens

Cooking classes

Run clinics and classes

Strength and cardio guidance

Sleep Optimization

Seasonal affective disorder briefs

Phone: 377-9355

Location: 2630 Central Avenue

Military & Family Life Counselors (MFLC): Provides confidential, short-term, situational, problem-solving, non-medical, “walk around” life counseling services to active duty military members, Guard and reserves and their family members at no cost.

Services include:

Confidential, short term, non-medical counseling

Psycho-education to help members understand impact of deployments, reunions and stresses related to military life

Augments existing military support services

Flexible delivery – can provide services on or off installation

Can provide services for individuals, couples, families and groups

[Continued on next page]

Work Life Services:

Child Care and Parenting
 Adult Care and Aging
 Education and Career Development
 Finance and Legal
 Health and Wellness
 Other Everyday Needs
 Free Kits (Prenatal, Child Safety, College, Adult Care and Be Well

Contact: WorkLife4You.com/Code=USAF or,
 Phone: 800-222-0364

Family Advocacy Program (FAP): Strives to prevent abuse by offering programs to put a stop to family violence before it starts. FAP works to ensure the safety of victims, overcome the effects of violence, and change destructive behavior patterns.

Prevention programs offered:

- Couples Counseling
- Anger & Stress Management
- Effective Parenting
- Conflict Resolution
- Counseling
- Public Awareness Campaigns

Phone: 377-4041
 Domestic Abuse Victim Advocate: 907-669-2012
 Location: 2630 Central Ave
 Medical Group Clinic, Mental Health Clinic

24/7 CONUS-Wide Domestic Abuse Helpline (1-866-419-6899)

Helping Alaska: works closely with clients in need of housing assistance, offering a variety of programs with differing eligibility requirements. The goal is for clients to have stable housing, income and basic necessities. Also can assist with providing gently used, donated furniture.

Location: 609 3rd
 Phone: 907-452-3876

No Limits, Inc.:

Southside Reentry Center: transitional supportive housing program for men & women who have had involvement with the criminal justice system. Participants who fulfill program requirements are assisted with their transition to permanent housing.

Prosperity House permanent supported housing units are available to those completing the transitional program and those experiencing homelessness. Residences typically are furnished, and are accompanied by a multitude of supportive services.

Location: 253 Romans Way
 Phone: 907-328-2977

Interior Alaska Center for Non-Violent Living (IACNVL): A 24-hour shelter providing advocacy, crisis intervention, support groups, legal advocacy for individuals who have endured domestic violence and sexual assault. Also offering community education and training on the prevention and effects of domestic violence and sexual assault.

Phone: 907-452-2293 or 800-478-7273 (calls can be made 24 hours);
 Location: 726 26th Avenue, Suite #1 Fairbanks, AK
 Website: <http://www.iacnvl.org>

CHILD & YOUTH SERVICES

Fairbanks Youth Advocates (The Door): The Door is a 24-7 shelter for homeless youth aged 12-18, located at 138 10th Avenue in Fairbanks. The shelter provides a safe place to sleep, home cooked meals, clothing, supplies, and connections to community resources to help youth find stability. Provides homeless, near homeless, and other marginalized youth, support to help them move towards stability, health in all its forms, and self-sufficiency. Provides professional accredited counseling through Clearwater Counseling.

Phone: 907- 374-5678

Location: 138 Tenth Avenue Fairbanks, AK

Website: www.fairbanksyouthadvocates.org/emergency-youth-shelter

Fairbanks Native Association (FNA): FNA provides many different programs serving Alaska Native youth and adults. *Many of their programs are open to anyone in the community while some programs limit eligibility to Alaska Natives.*

Phone: 907-452-1648

Location: 605 Hughes Avenue Fairbanks, AK

Website: www.fairbanksnative.org

Early Head Start: A program for assisting families with infant care and training for parents.

Phone: 907-451-8814

Location: 609 3rd St, Fairbanks

Graf Rheeneerhaanjii: Provides residential treatment for substance abusing youth ages 12-18. Services include counseling, education, healthy living skills, and cultural and spiritual identity.

Phone: 907-455-4725

Location: 2550 Lawlor Road, Fairbanks

Behavioral Health Optimization Program (BHOP): a program made available to all beneficiaries within primary care clinics as part of good overall healthcare. Behavioral Health Consultants (BHC) are Social Workers or Psychologists who work alongside members of your primary care team to treat all aspects of health.

Phone: 377-1847

Location: Building 3349, 2630 Central Ave

Chapel: Provides regular opportunities for spiritual growth, worship services, religious education and religious rites. Provide unit engagement and pastoral counseling with 100% confidentiality. A duty Chaplain is available 224/7.

Warrior Care/Development

Worship and Religious Rites

Pastoral Counseling

Leadership Advisement

Phone: 377-2130

Location: 452 North Street

Employee Assistance Program: Offers free and confidential assessments, short-term counseling, referrals and follow up services to employees who have personal and/or work-related problems

Services provided:

Child and Elder Consultation

Legal and Financial Consultation

Health and Wellness Presentation

EAP Orientations

Crisis Response Services

Supervisor and Management Consultation

Phone: 800-387-4701

CLOTHING ASSISTANCE

Airmen's Attic: Offers no-cost items, including clothing, toys, and household goods for junior enlisted military members and their immediate families.

Phone: 907-377-4390
Location: 2368 Central Ave

COUNSELING & BEHAVIORAL HEALTH SERVICES

Alcohol & Drug Abuse Prevention & Treatment Program (ADAPT): Designed to promote readiness, health and wellness through the prevention and treatment of substance misuse and abuse. Treatment services:

- Substance Abuse Assessment
 - Alcohol Brief Counseling (ABC)- individualized Education Session
 - Outpatient group and individual treatment
 - Referral for Intensive Outpatient Treatment, Inpatient treatment and Inpatient Detoxification services
 - Aftercare Program
- Prevention Services:
 - Briefings for First Term Airmen and Commander's Calls
 - Education/awareness booths and displays
 - Prevention programs for service members and families
 - Specific briefings, trainings and outreach activities tailored to units needs

Phone: 317-377-3071
Location: Eielson Medical Clinic
2630 Central Ave.

Fairbanks Alcohol Safety Action Program: FASAP provides assessment and referral services for court cases involving alcohol. Juvenile cases such as minor consuming, minor in possession and minor operating are also included. Persons who are convicted of DUI and other alcohol related offenses are screened and then referred to State approved agencies that provide alcohol/drug education and/or treatment.

Phone: 907-452-6144
Location: 3100 S. Cushman St, Fairbanks

FNA Head Start: Offers resources in education, health, social services and nutrition to families with preschool age children.

Phone: 907-456-4989
Location: 320 2nd Ave, Fairbanks

Parents as Teachers: Designed to empower parents to give their child the best possible start. Home based program with monthly family activities.

Phone: 907-451-1005
Location: 609 Hughes Ave, Suite 100, Fairbanks

Women and Children's Center for Inner Healing: Provides residential treatment for substance abusing women and their children who are under the age of 12. Services include counseling, education, parenting, healthy family skills, and cultural and spiritual identity.

Phone: 907-451-8164
Location: 1027 Evergreen, Fairbanks

YOUTH PROGRAMS

4-H Club: A wide variety of programs for Kindergarten-12th grade with their parents

Phone: 907- 474-2428

Location: 1000 University Avenue, Room 140
Fairbanks

Alaska Job Corps: Comprehensive residential education and vocational training program for youth ages 16-24

Phone: 800-478-0531

Website: <http://alaska.jobcorps.gov/home.aspx>

Alaska Military Youth Academy (AMYA): Tuition free five-month residential campus located on Joint Base Elmendorf Richardson (JBER) for volunteer Alaskan youth ages 16-18 who are struggling in school or no longer enrolled. Youth can earn 7.5 credits and work towards completion of their GED or high school diploma. AMYA focuses on eight core components: Academic Excellence, Job Skills, Life Coping Skills, Leadership/Followership, Health/Hygiene, Responsible Citizenship, and Service to Community while living in a military style environment. AMYA operates two cycles per year. Youth can only attend and complete one cycle.

Phone: 907-374-7960 Cell: 907-980-9984

Satellite Admissions Office Location: 202 Wien St
Fairbanks, AK 99701

Website: www.akmya.org

Boys & Girls Club: Provides opportunities for safe recreation and social development for youth ages 6-18. \$30 per year membership. Fairbanks: 800 Cushman St. 457-5223 North Pole: 220 Parkway Dr. 488-7838 Two Rivers: 400 Two Rivers Rd. 488-6616.

Phone: 907-457-5223

Location: 800 Cushman Street Fairbanks, AK

Website: www.bgcalaska.org

EIELSON AIR FORCE BASE



HELPING AGENCIES

TRANSPORTATION ASSISTANCE

Fairbanks North Star Borough Metropolitan Area Commuter System: The Metropolitan Area Commuter System (MACS) operate four bus routes: The Red Line, Blue Line, Green Line and Purple/Yellow Line. All routes meet in downtown Fairbanks at the Transit Park (501 Cushman Street). See schedules for route times, route map with major bus stop locations and rates.

Phone: 907- 459-1011

Website: www.co.fairbanks.ak.us

Van Tran: Provides transportation services for people with a disability and operating the same hours as the regular MAC system. Please call for more information.

Phone: 907- 459-1324

Website: www.co.fairbanks.ak.us/transportation

Love, INC (In the Name of Christ): Network of local, Christian churches committed to helping people in need. It operates numerous programs including a Telephone Clearinghouse that connects people in need with community and church resources that can address many different needs, **Transportation Program**, Budget Counseling Program, Furniture Garage, Personal Needs Closet, and Firewood Project.

Phone: 907-452-3876

Location: 818 26th Ave Fairbanks, AK

Website: www.loveincfairbanks.org

Car Seat Fitting:

Fairbanks Safe Rider Program: Fairbanks Memorial Hospital Safety Hotline (questions, appointments and safety information)

Call: 907-458-7233

Text: 907-978-6928

Car Seat Fitting Station Locations

Fairbanks Native Association 907-456-4989

Fairbanks Police Department 907-450-6500

Ester Volunteer Fire Dept. 907-479-6858

Fort Wainwright Fire Dept. 907-353-9170

Eielson AFB Fire Dept. 907-377-4156

Chena Goldstream Fire & Rescue 907-479-5672

Many certified car seat installers on Eielson– reach out through Eielson Spouses and Families on Facebook

Camp Fire USA: Offers school-age childcare, community center programs and day or residential camps

Phone: 907-456-4334

Location: 565 University Avenue, Suite 3A Fairbanks,

Website: <https://www.campfireak.org>

Big Brothers/Big Sisters Greater Fairbanks Area: Offers child mentoring/guidance.

Phone: 907– 202-8529

Location: 1949 Gilliam Way, Suite E, Fairbanks

Website: www.bbbsak.org

Fairbanks Native Association Youth and Young Adult Services: Offers substance use prevention, early intervention, and intervention/treatment services for youth 0-24.

Phone: 907-452-6251

Location: 605 Hughes Ave., Fairbanks

Website: www.fairbanksnative.org

Literacy Council of Alaska: Provides student-centered tutoring and classes for adults in reading, writing, math, and English as a Second Language. Providing community outreach around literacy issues. Assists adults with GED studies and college prep. Offers assistance and supportive services to out-of-school youth 16-24 years of age to overcome education and career barriers, obtain job skills, and enroll in training that leads to successful employment.

Phone: 907-456-6212

Bookstore: 907-456-6210

Location: 517 Gaffney Road Fairbanks, AK

Website: <http://www.literacycouncilofalaska.org>

2|42 at North Pole Worship Center: Summit City Care Center services, which include Emergency Food Boxes, Power Packs (weekend food for kids), Winter Gear Closet (kids-adult winter gear), Closet of Hope (K-12th grade daily wear clothing + shoes for students), Knots and Hooks of Hope (fleece scarves and hand-made blankets for teens facing homelessness), and World's Biggest Backpack (school supplies and resources for students K-12th and school staff)

Phone: 907-488.9084

Location: 3340 Badger Road, Suite 280 North Pole

Website: <http://www.northpoleworshipcenter.com>